



# Ireland Lacrosse Senior National Team Head Coach

## Role Description

### Position Overview

The Senior National Team Head Coach is responsible for leading the technical program and overall performance of their respective national team within Ireland Lacrosse's high-performance framework. This role requires an experienced leader who can develop and execute comprehensive training programs, mentor developing coaches, and create a winning culture while fostering athlete development and team success.

### Key Responsibilities

#### Technical Leadership & Program Development

- Design and implement comprehensive training programs aligned with Ireland Lacrosse's High-Performance Strategy
- Lead the development and execution of team tactics and strategies
- Work with the National Teams Director (NTD) to develop and implement cycle-based planning plans
- Drive innovation in game strategy and tactical approaches
- Provide regular performance feedback to athletes and support staff
- Integrate sports science and performance analysis into training programs

#### Coaching Staff Development

- Collaborate with NTD to identify, appoint, and develop assistant coaches
- Lead the Coaching Mentorship Program focusing on Player Alumni integration with Under 20 and other non-Senior programs (Eg: Éire)
- Provide mentoring and development opportunities for assistant coaches
- Foster a collaborative coaching environment that promotes knowledge-sharing
- Contribute to coach education initiatives within Ireland Lacrosse

#### Athlete Development & Pathway

- Implement Individual Athlete Performance Plans (IAPPs)



- Work closely with U20 coaches to develop and maintain talent pathways
- Guide athlete progression through the performance pathway
- Identify and nurture emerging talent within the program
- Ensure smooth transition of athletes between age groups
- Maintain talent depth charts and succession planning

### **Performance Management**

- Lead teams to achieve performance objectives at Benchmark Events
- Set and monitor individual and team performance targets
- Conduct regular performance reviews and assessments
- Provide input into selection processes and criteria
- Track and evaluate key performance indicators
- Lead post-competition analysis and reporting

### **High-Performance Culture**

- Establish and maintain team culture aligned with HP Cultural Blueprint
- Foster a positive and professional training environment
- Promote athlete wellbeing and personal development
- Uphold organizational values and behavioral standards
- Build team cohesion and leadership capabilities

### **Collaboration & Integration**

- Work closely with:
  - High Performance Director (HPD)
  - National Teams Director (NTD)
  - National Team Manager
  - Support service providers (sports science, strength & conditioning, medical)
  - Assistant coaches
  - U20 program staff
  - Éire Program Director and relevant staff.
- Participate in research and innovation initiatives
- Contribute to system-wide development projects

### **Required Qualifications**

- Minimum Level 2 Coaching Certification, international equivalent or relevant experience
- Proven track record of success at high-performance level
- Extensive technical and tactical knowledge of lacrosse
- Demonstrated experience in athlete development
- Strong leadership and communication skills



- Understanding of long-term athlete development principles
- Availability for all selection events and general availability for relevant Eire events for Athlete Evaluation.

## **Preferred Qualifications**

- Level 3 Coaching Certification or higher
- International coaching experience
- Playing experience at elite level
- Experience with performance analysis systems
- Background in coach education or mentoring
- Sports science or related degree

## **Key Competencies**

- Leadership and motivation
- Technical and tactical expertise
- Program development and implementation
- Performance analysis and evaluation
- Communication and presentation
- Problem-solving and decision-making
- Cultural awareness and sensitivity
- Innovation and adaptability

## **Working Conditions**

- Volunteer Part-time position with full-time requirements during events
- Extensive domestic and international travel with direct expenses paid in line with Ireland Lacrosse's expense policy.
- Evening and weekend work required
- Remote work options for administrative tasks

## **Reporting Structure**

- Reports directly to the National Teams Director
- Additional reporting line to High Performance Director
- Oversees:
  - Assistant Coaches
  - Team Support Staff
  - Player Leadership Group

## **Performance Indicators**



- Team results at Benchmark Events
- Individual athlete development progress
- Implementation of high-performance strategy
- Coach development outcomes
- Program innovation and advancement
- Cultural alignment and team environment
- Stakeholder feedback and satisfaction

## **Application Process**

Qualified candidates should submit:

- Comprehensive coaching CV
- Detailed cover letter
- Three professional references
- Technical development philosophy statement
- Sample seasonal plan

Ireland Lacrosse is committed to equal opportunity employment and welcomes applications from all qualified individuals.

For more information or to submit your application, please contact [Contact Information].